Health and Wellbeing

Appointments

Patients are seen by appointment only. Integrative medicine requires longer than usual medical consultations and it is advised that follow up appointments are made well in advance. At times our doctors can be booked up to a month or more in advance.

We also recommend that you have a local general practitioner who can provide you with acute care or manage any general medical problems. In these situations we may not be able to provide you with an urgent appointment due to the high demand for our services. We do keep a waiting list of people needing urgent appointments and if we receive a cancellation, we fill the vacancy from this waiting list according to urgency.

16 years old and over

Our practitioners or receptionists are unable to GIVE OUT INFORMATION TO A PARENT, for a child/young person 16 years and older, this also includes appointment times, cancellations and reschedules. If the child/young person would like the parent to have authority then they can give that authority over the phone or in writing. This can be a once off or continuing, however that can be withdrawn at any time by the patient.

Carers

It is important that your carer understands the program being developed for you and the rationale behind it so they can assist you in your efforts to reclaim your health.

Contacting the doctor

At times you may need to contact your practitioner to clarify an important issue that cannot wait until your next review. Please call reception on 8332 4100 whereby a message will be taken and passed onto your practitioner. Depending on the medical priority of your issue, you should expect to hear back from your doctor within 24–48 hours. For non-urgent issues, many practitioners have allocated times once a week to attend to these issues. Please do not make further phone calls regarding the same issue. Your doctor will contact you when they are able to.

Patient Recall / Results Policy

Patients are advised of all test results and treatment plans in a consultation. It is the responsibility of the patient to book a follow up appointment to discuss results unless your practitioner has specifically advised you otherwise. Due to the personal and detailed nature of results, they will not be advised over the phone, unless it is part of a booked telephone consultation. If your practitioner does speak to you over the telephone and the nature of the call extends beyond a few minutes, this will be treated as a telephone consultation and you will be billed accordingly. There is no Medicare rebate for a telephone consultation.

Telephone or Skype consultations

If you live in a rural area, or interstate, or you have mobility issues, you are welcome to request a telephone or Skype consultation with your practitioner. This will be booked into a normal consultation time and you will be billed for a telephone consultation. If the consult is COVID related you may be eligible for a Medicare rebate but generally there is no rebate for a telephone or Skype consultation.

Fees

This is a private billing practice and fees are payable at the time of consultation. We offer Medicare online claiming to enable you to receive your rebate the following business day into your bank account. You must have your bank account details registered with Medicare for this to happen.

We do offer a concession rate if you have a Government Pension Card, Health Care Card or DVA Card (not Seniors Card). These cards will need to be current and will need to be sighted by reception at the time of paying your consult in order for us to charge the reduced rate.

Fee Schedule is listed on our website

SMS Reminders

SMS reminders are sent 1–2 business days prior to your appointment. Please ensure you also record your appointment in your diary or phone calendar and you have had any blood or other testings prior. We require you to advise us immediately if you need to change or cancel an appointment and at the latest by 1pm the previous business day. This allows someone from the waiting list to take advantage of your vacated time and minimises their waiting time to see their doctor. The SMS reminder also contains other information that is relevant so please read the text message thoroughly.

Cancellation / Confirmation Policy

Late cancellations or missed appointments will attract a fee. Medicare or private health will not rebate these.

Patient Contact Details

It is the patient's responsibility to ensure that their contact details are current at all times not only with us but also with Medicare.